

HMA INSTITUTE ON ADDICTION

Recovery Capital

Recovery capital is described as internal and external resources to obtain and sustain recovery focused on personal, family/ social, community and cultural resources. Matching treatment and treatment planning goals to enhance resources that may be deficient and convert them into strengths can result in improved treatment outcomes.

Resources:

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9. <http://www.williamwhitepapers.com/pr/Recovery%20Capital%20Scale.pdf>