



#### NOTE ON RECORDING

**IF CONDUCTING INTERVIEW VIA A PHONE CALL OR NO VIDEO**, be sure to have your recording device ready to record and close enough to the phone that it can capture the sound of both participants. Be sure to request for the youth and caregiver(s) to speak up and speak clearly to be sure we are getting all of what they are saying.

**REMEMBER TO HIT RECORD.** If the youth or caregiver refused to be recorded, ask if you can at least enable the transcription function if on the virtual platform you are using. That will allow us to have the transcribed interview.

## CATALIST Six-month Qualitative Interview Guide

First, I want to thank you for taking the time to talk with me today. My hope is that we can spend 15 minutes talking about your experience in the CATALIST program. CATALIST wants to continue to improve their services. To do this, it is really important that we hear from you and other families who come to CATALIST. We want to know what you liked, what you didn't like and how you feel CATALIST impacted your lives.

What you share is confidential. We will NOT share your individual responses back to the CATALIST team. Instead, we will group your responses with the responses of other families we interview when sharing information.

As we go through the questions, if there are questions you do not feel comfortable answering, please let me know. At the end of the interview and after you complete the 6-month re-assessment questions with the CATALIST staff, the CATALIST team will give you, the youth, a \$30 gift card.

Would it be ok with you if we record our conversation? This is to make sure that we can go back, listen to what you have said and be sure we are accurate in capturing what you have shared. The recording is not shared outside of myself and another analyst at the Center for Behavioral Health Integration. Once the project is done, the recordings will be destroyed. Do we have your permission to record the session?

Do you have any questions before we get started?

As we get started, can I ask that you not have any devices out. I know you may have people reaching out to you while we are doing the interview and I have seen it can be distracting for many family members. We really want to be able to have your full attention for the 15 minutes we are talking. I hope that is ok with you. Thank you.

### QUESTIONS

- **For youth:** Can you start by telling me why you were referred to the CATALIST program?
- **For youth:** Tell me about your experience in the CATALIST program? What did you do each week? *Prompt: Anything else? prompt if no mention of individual therapy: Did you meet with an individual therapist at CATALIST?*

## QUESTIONS (continued)

- **For youth:** What goals did you set for yourself? *Prompt if no mention of substance use or mental health related goals: What goals did you set for yourself specific to substance use including nicotine? How about mental health?*
- **For caregiver:** What goals did you have as a caregiver for your teen and your family? (skip if no caregiver)
- **For both youth and caregiver:** What did the CATALIST team do to help you try to meet those goals?
- **This next question is for the youth:** We know the majority of youth who come to CATALIST have engaged in substance use, including nicotine use. How has your thinking about your substance use changed as a result of taking part in the CATALIST program?
- **For youth:** What, if anything, are you doing differently now?
- **This next question is also for the youth:** Often times, youth seen at CATALIST may also be struggling with mental health challenges. How has your thinking about your own mental health changed as a result of taking part in the CATALIST program?
- **For youth:** What, if anything, are you doing differently now?
- **For youth:** When thinking about your future, are there now things you think or feel are possible, that before CATALIST, you might not have considered?
- **For youth:** How has your belief in your ability to accomplish your goals and tasks changed since taking part in CATALIST services?
- **For youth:** Do you feel the CATALIST team cares about you? *If yes, prompt: What do they do that tells you they care about you? If no, prompt: What do they do that makes you feel they don't care about you?*
- **For youth and caregiver(s):** What was the least helpful about the services you got there?
- **For youth and caregiver(s):** What was most helpful about the services you got there? (What was the most important thing you got out of it?)
- **For youth:** If a friend was going to be going there, what might you tell them?
- **For youth and caregiver(s):** What was it like having both or all of you be a part of the services?

## QUESTIONS (continued)

- **For youth and caregiver(s):** How did having all of you being involved – both youth and caregiver(s) - change your experience?
- **For youth and caregiver(s):** What was good about that?
- **For youth and caregiver(s):** Not good?
- **For youth and caregiver(s):** What changes have you seen in your family as a result of participating in the CATALIST services?
- **For youth and caregiver(s):** If we think of families as having their own culture, in other words, their own vibe, their own customs or ways of being with each other – how would you say the culture of your family has changed after taking part in the CATALIST services?
- **For youth and caregiver(s):** Thank you. Those are all the questions I have for you. Is there anything else you feel is important for me to know? I am really grateful for your time today.