

# CATALIST Sample Brochure



## GOALS

1. Help youth and their caregivers understand their risk levels for substance use, mental health disorders, and trauma.
2. Offer early interventions for substance misuse or mental health or trauma symptoms.
3. Provide effective treatment, recovery, and support services for youth and their caregivers.



## SERVICES OFFERED

- Screening for substance use, depression, anxiety, and trauma
- Individual, family, and group therapy for youth and their caregivers.
- Youth Recovery Group & coaching
- Case management
- Caregiver Conversations Education & Support Group
- Assistance with insurance
- Connection to resources for housing, food, transportation, and other needs
- Prevention programming

## PARTNERS

- Berkeley County Day Report Center
- Berkeley County Juvenile Justice
- The Martinsburg Initiative
- Berkeley County Schools
- Berkeley Medical Center Emergency Department
- Washington/Baltimore HIDTA
- UNITE US

“  
We welcome any youth or caregiver into the CATALIST program. We can either provide or connect them with support.  
”

-Tim Czaja  
Director  
Berkeley Day Report Center

