



Wraparound Support for Youth & Families

Outcomes achieved:
2022-2025

Community-based Assessment and Treatment for Adolescents & families to Launch Interventions for Substances and Trauma

CATALIST provides outpatient treatment services for youth struggling with substance use and mental health and their families.

236

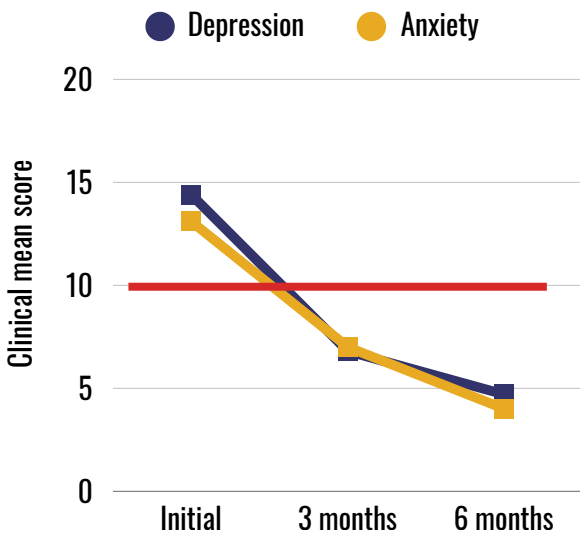
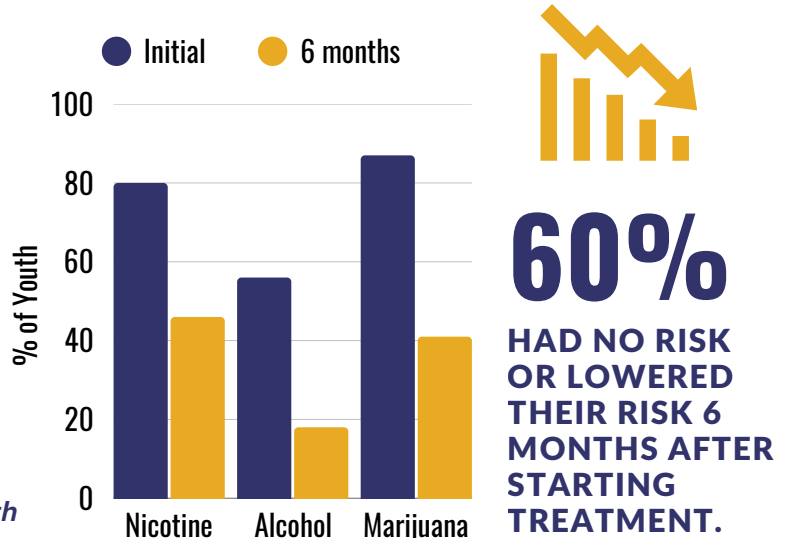
YOUTH SERVED

5

AVERAGE MONTHS IN TREATMENT

“It has opened my eyes a lot more seeing what I can become instead of just sitting around smoking.”

“I feel like the pieces have been coming into place now. I'm starting to go somewhere. I see a solid direction ahead of me. I feel like that has really helped with my mental state and everything, because before I did not know what I wanted to do. I did not really care. I would be so fatigued 24/7. Now I'm in a comfortable spot.”



Youth with depression and/or anxiety decreased the severity of their symptoms to well below levels of clinical concern (see red line).

“It changed the household a lot. It changed the arguing, the fighting, the consequences, the getting in trouble. I feel like I have more freedom with my parents now because I have been doing all of this by myself and working and doing good. I feel that my parents are more trusting of me now.”

CATALIST is funded and supported by:



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